

“Kindness: Beyond Duty to Choice”

Galatians 5:16-25

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Introduction

- The Fruit of Kindness
 - A disposition of the heart that seeks the welfare of others independent of whether they deserve it or not, and of any service in return.
- Weeds
 - The *opposite* of kindness is self-protection, self-importance, inconvenience, irritation, and dismissal.
 - *Counterfeit* patience is manipulative or self-serving good deeds.
- Fertilizer
 - contemplating the ways in which God shows kindness to us, particularly in and through Christ.

Kindness and the Character of God

- A Brief Theology of God’s Kindness
 - Old Testament
 - New Testament

Kindness in the Life of Christ

- Snapshots of Kindness in the Life of Jesus
- Jesus’s Miracles as Acts of Kindness: Two Example
 - Feeding the 5,000 (Mark 6:30-44)
 - Healing a leper (Matt 8:1-4)

Kindness as a Habit of Life

- Two Questions
 - What would I do for people if *I* were Christ? (Col 3:17)
 - What would I do for people if *they* were Christ? (Col 3:23-24)